

School Travel Action Plan (STAP)

Person Responsible for STAP: B Heng (Teacher)

Reviewed: October 2020

Author: E Norman (Shift It Sustainable Travel Ltd)

Review Date: September 2021

CONTENTS

1.0 INTRODUCTION

1.1 Ofsted & Department for children, schools and families

2.0 EXISTING CONDITIONS

2.1 Overview

2.2 Vehicular Access

2.3 Pedestrian & Cycle Access

2.5 Bus Service

2.5 Rail Service

2.6 School Population Spread

3.0 Travel Mode Data

3.1 General Information

3.2 Modal Split

4.0 Current Offer

4.1 Cycle Training

4.2 Incentives

4.3 Events

5.0 Achievements & Plan

5.1 Recent Achievements

5.2 Next Steps

6.0 Award Schemes

7.0 School Active Travel Champion

1.0 INTRODUCTION

This travel plan is primarily directed at reducing unnecessary or unsustainable car travel made by staff, pupils and their parents to and from the school site. A good travel plan can bring environmental, health, social and economic benefits both to people travelling to and from the school as well as the local people living in the area. The key benefits which can result following the implementation of a travel plan are outlined below:

Environmental – a reduction in car journeys made to and from the school site reduces the level of air and noise pollution in and around the site highlights the many benefits of sustainable and active travel.

Health – by adopting more sustainable modes of travel, such as walking or cycling, people’s physical and mental wellbeing improves, and they lead a healthier lifestyle.

Social – people are not ‘cocooned’ in their cars and interact with other individuals on their journey to and from the school site. By reducing the motorised traffic and increasing pedestrian and cycle activity will make an area feel safer at the start and end of the school day.

Economic – more sustainable modes can save individuals travel costs. Increasing bus use can make the service to and from the school more viable.

Our mission Statement

Holy Cross Primary School encourages and supports the whole school community to travel more actively and sustainably where possible.

Studies show that travelling actively can help develop physical and mental well-being, social interaction, and independent travel skills. We recognise the importance of our children having practice of travelling independently to prepare them for the transition from our primary school to their secondary education setting. We also want them to have the skills required to be able to choose sustainable and active modes beyond their statutory education.

We promote and support sustainable travel with activities and integrate this agenda into our curriculum, wherever possible.

Holy Cross has benefited from being part of the Isle of Wight councils’ vision for more sustainable and healthy schools. The Isle of Wight Council have successfully bid for department for transport funding to support travel behaviour change projects across the IOW schools. In 2015 we engaged with Sustrans and most recently, from 2017, we have engaged with the island-based Shift It project. Shift it has helped us to develop our travel plan and embed active and sustainable travel throughout our school community.



Ofsted produced a sustainable school’s document for guidance in 2008. The department for children, schools and families (DCSF) set out a national framework to help schools become a sustainable school.

Schools and sustainability A climate for change?

The Government wants all schools to become ‘sustainable schools’ by 2020. Inspectors visited a selection of primary and secondary schools to assess teaching about sustainability and progress towards meeting the expectations of the National framework for sustainable schools. In the best lessons, teachers used a range of imaginative activities to help pupils develop and test out their views on complex ethical issues. However, most of the schools visited had

limited knowledge of sustainability and work in this area tended to be uncoordinated, often confined to special events rather than being an integral part of the curriculum.



DCSF - [National Framework for Sustainable Schools](#)

The Department for children, schools and families national framework for sustainable schools has eight doorways that are routinely inspected by OFSTED. Travel and Traffic is doorway no.3. **figure 1.1**

There is a set of criteria with four grades that can be obtained by the school; getting started, satisfactory, good, and outstanding. **figure 1.1a**

Travel and traffic



Opportunity

Rising vehicle use adds to congestion, road accidents and pollution, including carbon emissions. Car-sharing and public transportation help to ease these concerns, while walking and cycling also boost fitness and well-being.

Recommendation (by 2020)

We would like all schools to be models of sustainable travel, where vehicles are used only when absolutely necessary and where there are exemplary facilities for healthier, less polluting or less dangerous modes of transport.

Figure 1.1 – doorway no.3 of the national framework for sustainable schools

PART B: SUPPORTING SUSTAINABLE DEVELOPMENT							Enter your scores in the right-hand column and calculate your Part B total at the bottom.	
Doorways	THE FOUR GRADES (AND ASSOCIATED POINTS)						Your score	
	Getting started	0	Satisfactory	3	Good*	6		Outstanding**
3 Travel and traffic								
To what extent have you integrated sustainable travel across the curriculum, campus and community?	We have not considered, or have just begun to consider, how to adopt an integrated approach to sustainable travel.	<input type="checkbox"/>	We have audited and understood our opportunities for promoting sustainable travel. We have involved pupils, staff and the community in plans to improve our performance in this area, and we cover the issues in our curriculum	<input type="checkbox"/>	We involve pupils and staff in the delivery and monitoring of our sustainable travel work, and draw on outside expertise when needed.	<input type="checkbox"/>	We encourage pupils and staff to apply what they have learned about sustainable travel to their lives outside school, and share our learning with the community. We involve stakeholders in periodic evaluations of our progress.	<input type="checkbox"/>

Figure 1.1a – OFSTED grading criteria

2.0 EXISTING CONDITIONS

2.1 Overview

Holy Cross Primary School is a local authority voluntary aided school with a capacity of 210 pupils. We are a one form entry school from reception to year 6.

Address: Milfield Avenue, East Cowes, Isle of Wight, PO32 6AS

Local authority: [Isle of Wight](#) (921)

Headteacher/Principal: Mr Timothy Eccles

Age range: 4 to 11

Phase of education: Primary

School type: Voluntary aided school

Gender of entry: Mixed

ID: URN: 118198, DfE number: 921/3313, UKPRN: 1070165

Establishment status: Open

Website: <https://holycrossrcpri.iow.sch.uk/>

Telephone: 01983292885

Type	Numbers
Pupils	197
Staff (full and part-time)	23
Total	220

Table 2.1: Holy Cross Primary pupil and staff numbers (September 2020)

Holy Cross is located in East Cowes. East Cowes is a town and civil parish to the north of the Isle of Wight, on the east bank of the River Medina, next to its west bank neighbour Cowes. The Isle of Wight is an island off the south coast of England.

Population: 7010 (2011 Census)

Area: 1.97 sq mi (5.1 km²)

Dialing code: 01983

Ceremonial county: Isle of Wight

UK parliament constituency: Isle of Wight

Unitary authority: Isle of Wight

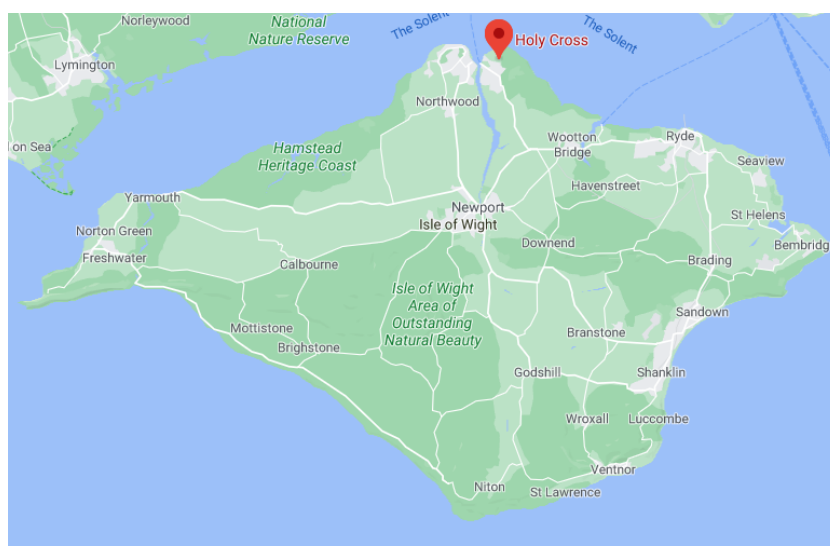


Figure 2.1 - location plan of the school and the Isle of Wight

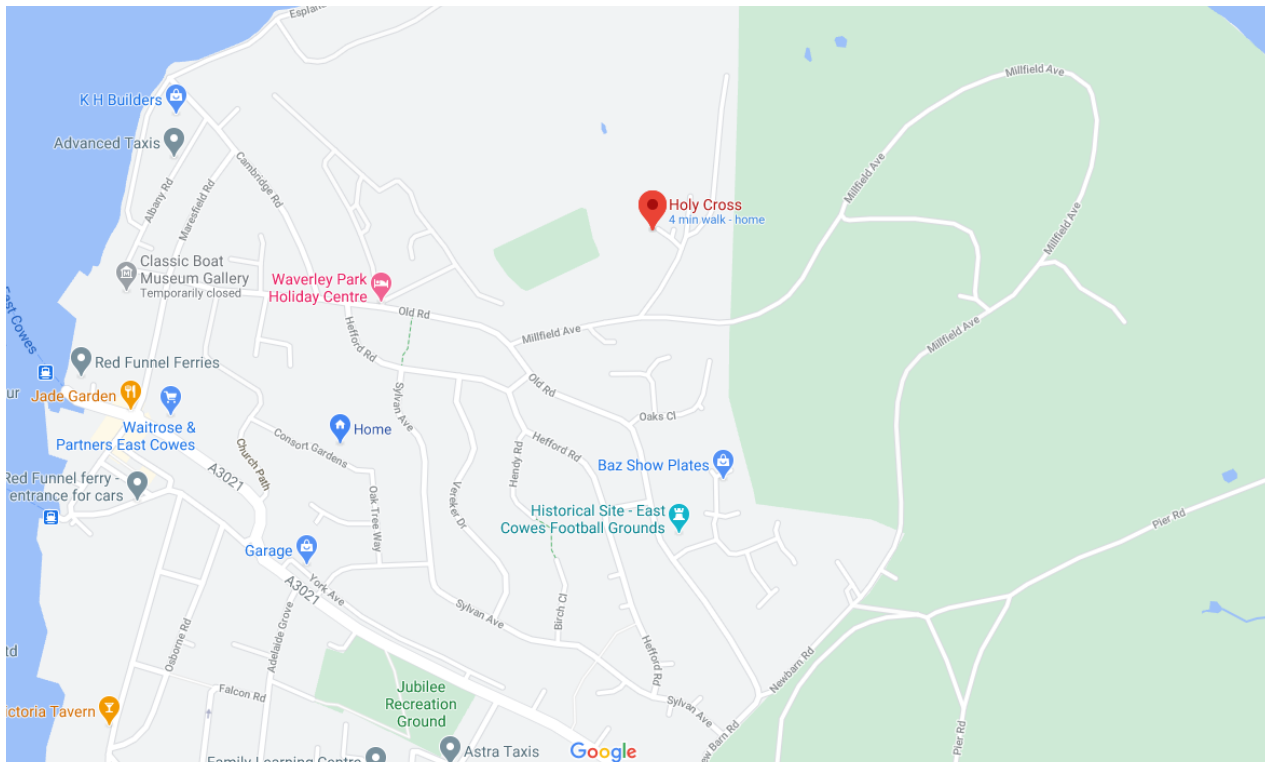


Figure 2.1(a) - A location plan of the school in a local context

2.2 Vehicular Access

Holy school can be accessed via a network of local roads. The school is on Millfield Avenue, which is just off the Old Road. Old road is the main road through the estate.

The school has onsite parking for up to 30 cars. The car park is made of gravel, and these spaces are for staff and visitors only. There is an additional space for deliveries and emergency service access.

2.3 Pedestrian /Cycle Access

Cyclists, scooterists and walkers can access the school via the main gate in Millfield Avenue. There are few public footpaths and bridleways for students to use however the roads are generally quiet with low speed traffic. Students must be careful on approach to the school due to the fact that Millfield Avenue does not have a pavement alongside of it.

Link to Public Rights of way map for the East Cowes area -

https://www.iow.gov.uk/rightsofwaymaps/rowmaps/2_East_Cowes_Osborne.pdf

The school has storage for several bikes at the front of the school.

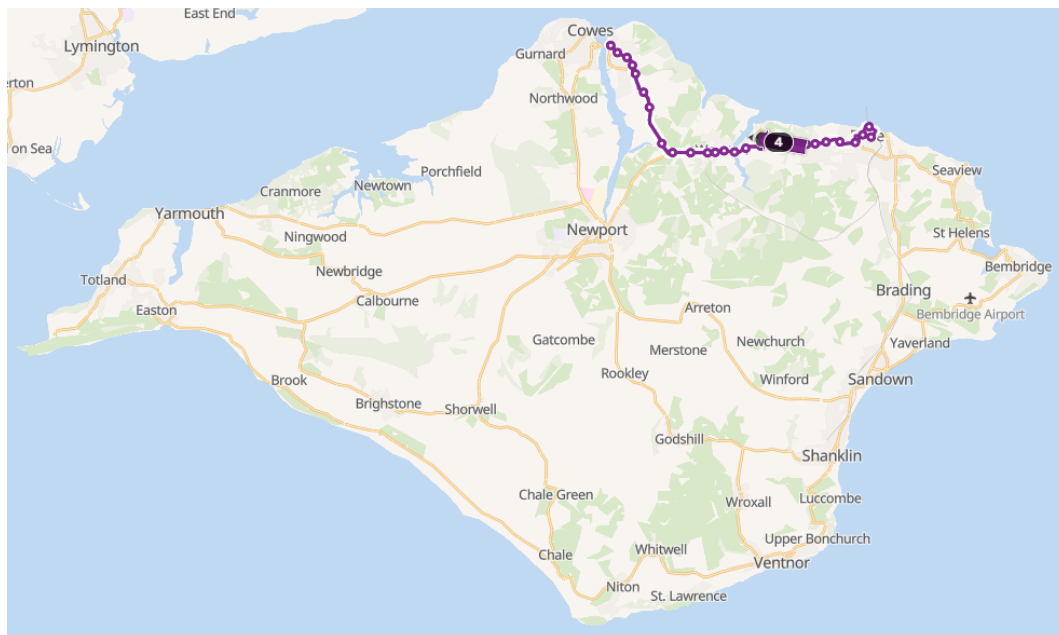



Figure 2.4A – No 4 Bus route

4

 **Ryde** bus station stand F
Binstead Ringwood Road
Wootton Bridge Sloop Inn
Whippingham Forge
Osborne House
East Cowes Waitrose

Ryde | Binstead | Wootton | Whippingham | Osborne House | East Cowes


Mondays to Saturdays except public holidays

0635	0750	50	1550	1659	1759	1909	2009	2055	2209	2310
0643	0759	59	1559	1708	1808	1917	2017	2103	2217	2318
0647	0805	05	1605	1714	1814	1921	2021	2107	2221	2322
0652	0811	11	1611	1720	1820	1926	2026	2133	2226	2343
0654	0813	13	1613	1722	1822	1928	2028	2135	2228	2345
0700	0818	18	1618	1727	1827	1933	2033	2141	2233	2349

this journey runs on
 Mondays to Fridays only

these journeys operate as route 9 between Ryde
 and Newport, continuing as route 5 to East Cowes

4

East Cowes Waitrose
Osborne House
Whippingham Campfield Road
Wootton The Cedars
Binstead Newnham Road
 **Ryde** bus station

East Cowes | Osborne House | Whippingham | Wootton | Binstead | Ryde

Mondays to Saturdays except public holidays

0715	0820	20	1620	1728	1828	1935	2035	2102	2235
0720	0825	25	1625	1733	1833	1939	2039	2107	2239
0722	0827	27	1627	1735	1835	1941	2041	2109	2241
0727	0832	32	1632	1740	1840	1945	2045	2135	2245
0734	0839	39	1639	1747	1847	1950	2050	2140	2250
0746	0851	51	1651	1755	1855	1958	2058	2150	2258

this journey runs on
 Mondays to Fridays only

this journey operates as route 5 between East Cowes
 and Newport, continuing as route 9 to Ryde

Figure 2.4B – No.4 timetable

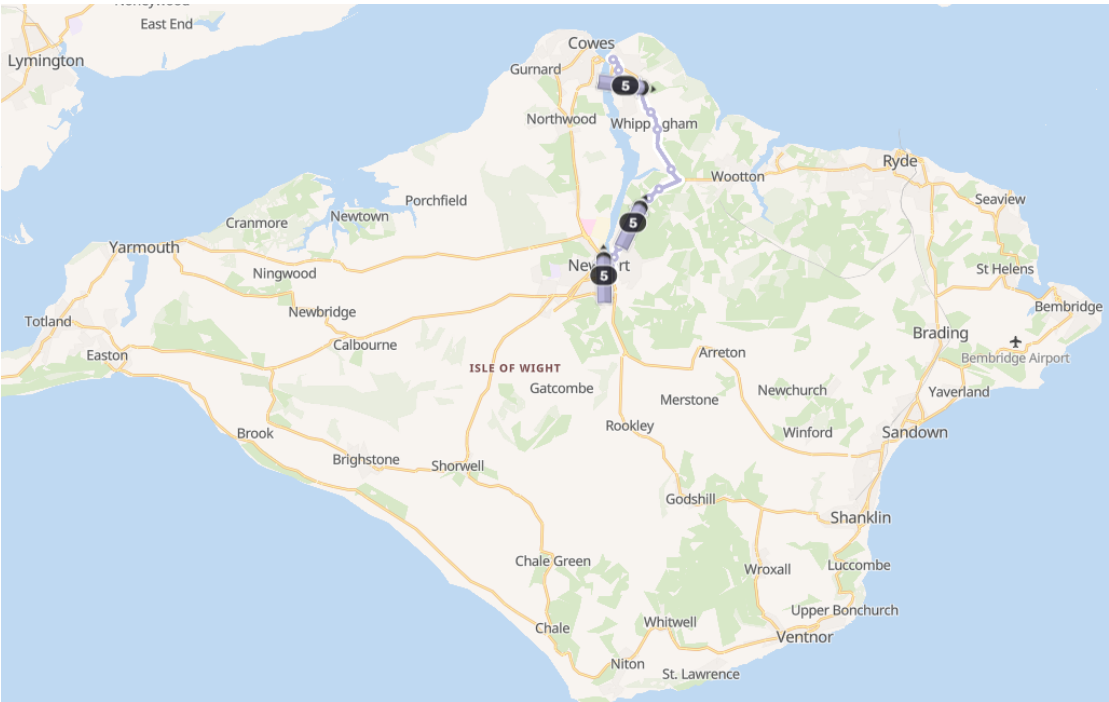


Figure 2.4C- No.5 Bus route

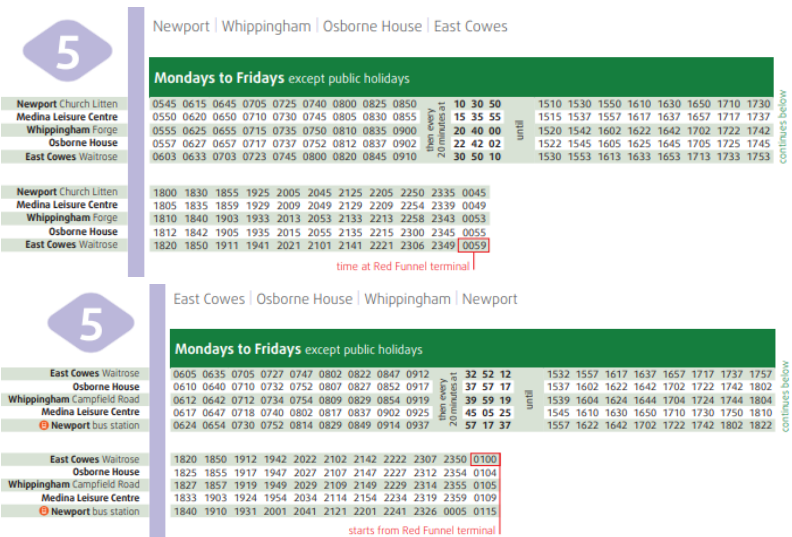


Figure 2.4D- No.5 Bus Route

Additional journeys operate on schooldays at			Additional journeys operate on schooldays at		
route number		55 65	route number		65 55
Newport Church Litten	-	1545	Victoria Grove Gordon Lodge	0753	0807
Medina College	1515	▼	East Cowes Waitrose	0802	0812
Medina Leisure Centre	▼	1552	Osborne House	0807	0817
Whippingham Forge	1520	1557	Whippingham Forge	0809	0819
Osborne House	1522	1600	Medina College	▼	0827
East Cowes Waitrose	1530	1608	Medina Leisure Centre	0817	-
These services are only available for use by scholars			Newport Bus Station	0829	-
			These services are only available for use by scholars		

Figure 2.4c - School Service Bus Timetables

2.5 Rail Service

There are currently no services providing direct access to East Cowes by this mode. There is a railway service on the Isle of Wight run by South Western Railway called the island line. The island line runs between Ryde Pier Head and Shanklin. The nearest station to East Cowes is Ryde Esplanade.



2.6 Access to local amenities

Holy Cross Primary is a short distance walking distance from a parade of local shops, located on the A3021. There are several shops, including a Coop grocery shop which has a cash machine, a visa which has a post office and a public library.

2.7 Geographical spread of school population

Most of the pupils attending Holy Cross primary school live within a mile of the school.

School	Pupil Numbers					Pupil Percentage			
	< 1 mile	< 2 miles	< 3 miles	> 3 miles	Total	< 1 mile	< 2 miles	< 3 miles	> 3 miles
Holy Cross Catholic primary	163	24	0	8	195	83.6	12.3	0.0	4.1

Figure 2.7 - Hampshire & IOW Census Data Autumn 2019-2020

3.0 TRAVEL MODE DATA

3.1 General Information

Holy Cross values the importance of up to date and reliable data. This data is used to inform the school on seasonal travel trends, measure the effectiveness of working with external organisations and monitor whether the bike and scooter parking reflects the demand.

3.2 Modal Split

Travel mode data has been collected since September 2015. The first data was collected by Sustrans charity by administering a hands up survey. A hands up survey method is asking the children how they 'mostly' travel to school'. This took place twice in the academic year.

Bembridge now collects travel mode data via the Shift It web-based app. This application can be used on all platforms and devices, including interactive whiteboards. Data has been collected this way since September 2018. The raw data is collected via a touchscreen device during morning registration. Data range is taken for complete academic years. Figure 3.2

	2018-19	2019-20

No of touchscreen interactions	143	95
Bike	4	4
Walk	57	41
Scooter	41	9
Skateboard	0	4
Bus	4	1
Car	30	35
Train	2	7
Absent	2	1
Sustainable Mode %	71.3	61.1*

Figure 3.1 – Complete academic year travel mode split data

* COVID 19 – Lockdown from March 2020. Summer Term missed.

4.0 CURRENT OFFER

4.1 Cycle Training

Cycle training has been offered to all children across the school at some point in the school year. We value all stages of riding a bike, from learning to ride a bike to completing on road training.

We have used the Isle of Wight fire service to deliver Bikeability up until 2018. More recently, Shift It have provided Bikeability level 1&2 training to all year 5&6 children at Holy Cross.

4.2 Incentives

Shift It Award – Holy Cross have gained Bronze, Silver and Gold award over a two-year period, starting to meet the criteria in 2019. Holy Cross are engaged with the Shift-It award and are aiming to get our gold star this year.

4.3 Events

Active Travel Weeks – Holy Cross has participated in at least two island wide active travel weeks every year since 2016.

Road Safety Week- Holy Cross have given students the awareness to use roads safely with a walking focus.

School walk the wight

5.0 Achievements and Plan

5.1 Recent Achievements – 2017 to 2020

- Hosted a series of successful sustainable travel events for Bembridge and other IOW primary schools.
- Engaged with the 'Shift It' programme and are the first school to achieve the GOLD SCHOOLS AWARD!
- Offer every child in the school some form of cycle training – from Balance Bikes in Early Years to Bikeability in years 5&6.

- Invited the Wight cycle and Shift-it team to run several cycle training sessions across KS2.
- Use the Shift-It data collection app to keep track of the school's travel mode habits and trends.
- Produced a School Travel Action plan, which is updated during the first term of each year. This plan is on our website.
- Have had regular active travel themed assemblies during the year.

5.2 Next Steps – 2020 to 2021

- To offer all school staff the opportunity to buy a bike through the HMRC backed Cycle 2 Work scheme.
- To use the new leaderboard app as a part of the morning registration process.
- To send a bi-monthly Shift-It newsletter out to parents and guardians.
- To offer cycle training – DfE guidance on COVID bubbled groups to be observed.
- Offer Scootability to yr3/4
- Offer led walks to yrs 1/2 for summer term
- Shift It to come in to do assemblies

6.0 Award Schemes

Holy Cross was awarded the Shift It Gold Award in 2019.

The Shift It Award is linked to this School Travel Action Plan and follows set [criteria](#).

- **People** – Having the following people engaged in sustainable travel agenda
- **Policy and Planning** – Having a plan which is used as a working document
- **Promotion** – Ensure events, activities and the schools plan is communicated clearly with pupils, staff and parents
- **Activities** – Have a programme of Activities that are linked to sustainable travel agenda.
- **Facilities** – Ensure the school has adequate facilities
- **Data** – Collect data regularly enough to be able to measure the school communities travel habits to and from school.

7.0 School Active Travel Champion – Roles and Responsibilities

This is a generic staff role and responsibility description for a school active travel champion. This role will be written into the School Travel Action Plan and is reviewed during the persons annual review / CPD. This role can be transferred to another member of staff at any point that the current school champion cannot continue.

Reviewed: January 2021

School: Holy Cross Primary School

Name: Becci Heng

Role: To promote sustainable and active modes of travel to and from school. This will be achieved by organising a range of events and activities across the key stages.

Responsibilities:

- To ensure that a School Travel Action Plan(STAP) is in place, reviewed on a regular basis and available on the schools website.
- To act as a link between the school and external organisations offering activities linked with active and sustainable travel.
- To link with a local cycle training provider and offer a cycle training programme across the school.
- To communicate and promote any active travel related events and activities to the parents of pupils at the school. This can be achieved via letters home, newsletters, and social media.
- To set up and meet with a student advocacy group – Active Travel Crew (ATC). They can assist at events and activities.
- To ensure that the travel trips to and from school are recorded on a regular basis to understand how your school community travel to and from school. This data must be monitored and reported on as part of the STAP review.
- To share good news stories with the Holy Cross Primary community
- To set up a scheme to rewards children for travelling in a way that is both sustainable and active. E.g. The Golden Lock
- To communicate any sustainable travel news, activities or benefits to the staff. E.g. Cycle 2 Work Scheme