

Year 2	Physical Education					
KS1 Objectives	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Dodging Dance	Ball Skills Gymnastics	Ball Skills Gymnastics	Ball Skills Dance	Teambuilding Jumping	Health and Wellbeing Games for understanding
To master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities	<b>Locomotion: Dodging</b> Explore dodging Develop dodging Apply dodging:	<b>Ball Skills Hands 1</b> Develop dribbling/passing and receiving Combine dribbling, passing and receiving, keeping possession Develop dribbling/passing and receiving to score a point Combine dribbling, passing and receiving to score a point  <b>Gymnastics: Linking</b> Developing linking Linking on apparatus Jump, roll, balance sequences/on apparatus Creation of sequences Completion of sequences and performance	<b>Ball Skills Feet</b> Develop dribbling/passing/ receiving, keeping possession Combine dribbling, passing and receiving, keeping possession/to score a point Apply dribbling, passing and receiving as a team to score a point  <b>Gymnastics Pathways</b> Explore/develop zig-zag pathways/on apparatus Explore/develop curved pathways/ on apparatus Creation of pathway sequences Completion of pathways sequences and performance	<b>Ball Skills Hands 2</b> Consolidate pupils' application and understanding of underarm throwing Applying the underarm and overarm throw to win a game Applying the underarm throw to beat an opponent	<b>Locomotion: Jumping</b> Consolidate jumping Apply jumping into a game Linking jumping Explore jumping combinations Develop jumping combinations	<b>Health and Wellbeing</b> Consolidate agility Consolidate balancing: Explore balancing on apparatus Introduce and explore coordination: Dribbling and kicking
To participate in team games, developing simple tactics for attacking and defending	<b>Locomotion: Dodging</b> Explore attacking and defending Apply dodging in teams	<b>Ball Skills Hands 1</b> Apply ball skills learnt in team games: Combine dribbling, passing and receiving, keeping possession in the context of a team game Develop dribbling/passing and receiving to score a point in a team game Combine dribbling, passing and receiving to score a point in a team game	<b>Ball Skills Feet</b> Apply ball skills learnt in team games: Develop dribbling/passing/ receiving, keeping possession in the context of a team game Combine dribbling, passing and receiving, keeping possession/to score a point in a team game Apply dribbling, passing and receiving as a team to score a point in a game	<b>Ball Skills Hands 2</b> Apply ball skills learnt in team games: Consolidate pupils' application and understanding of underarm throwing in a team game Applying the underarm and overarm throw to win a game Applying the underarm throw to beat an opponent	<b>Team Building</b> Develop teamwork Building trust and developing communication Cooperation and communication Explore simple strategies Problem solving: Consolidate teamwork	<b>Games For Understanding</b> Attacking/defending as a team Understanding the transition between defence and attack Create and apply attacking/ defensive tactic

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To perform dances using simple movement patterns.	<b>Dance: Water</b> Responding to stimuli Developing whole group movement Improvisation and physical descriptions Creating contrasting movement sequences, relationships and performance			<b>Dance: Explorers</b> Responding to stimuli Developing our motif with expression and emotion Applying choreography in our motifs Extending our motifs Sequences, relationships and performance		
To swim competently, confidently and proficiently over a distance of at least 25 metres	Taught in KS2 during 21-22					
To use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]						
To perform safe self-rescue in different water-based situations.						
HC Confidence /Aspiration /Resilience / Spirituality						